



SEA-SALT

MEDITERRANEAN KITCHEN & COFFEE BAR

DINNER MENU



www.cawleyhotels.com

NIBBLES

Picante Gordal Olives 5.95

Balsamic Onions 4.95

Stone Baked Focaccia Bread 6.95

Garlic Pizza Bread 6.95

add Fior di Latte Mozzarella 1.5

add San Marzano Tomato Sugo 1

STARTERS

Homemade Soups of the Day 6.95

Tomato & Basil Risotto Balls 9.95

Prawn Cocktail 11.95

Bruschetta 8.95

Crispy Corn Ribs 8.95

Gambas Pil Pil 12.95

Chicken Liver Parfait 9.95

Baked Camembert 9.95

Mushroom Fritte 8.95

Crispy Tempura (Starter/Main) 8.95 / 18.95

Chicken 9.95 / 18.95

Vegetable 8.95 / 16.95

Prawn 10.95 / 19.95

Mixed 9.95 / 18.95

Steamed Scottish Mussels (Starter/Main) 9.95 / 18.95

Marinière 9.95 / 18.95

Chorizo & Spicy Tomato 10.95 / 19.95

add a bowl of skinny fries 3.95

SHARING BOARDS

Seafood Sharing Board 25.95

Rustic Sharing Board 24.95

FROM THE GRILL

All of our steaks are dry aged and matured by our trusted butcher. Served with a whole roasted tomato, portobello mushroom, battered onion ring and a side of chunky chips or skinny fries

Prime Sirloin Steak 8oz 35.95

Prime Fillet Steak 8oz 38.95

Steak Sauces 2.95

Steak Toppers 7.95

All burgers are served on a brioche bun with fries, homemade coleslaw and a battered onion ring

Classic Burger 17.95

add cheese | bacon 2.95

The Italian Burger 18.95

Plant Based Burger 17.95

Chicken Milanese Burger 18.95

Chicken Caesar Burger 18.95

SALADS

Superfood Bowl 14.95

Classic Caesar Salad 12.95

add char-grilled chicken breast 4.95

add king prawns 5.95

add charred halloumi 3.95

SEA-SALT MILANESE

Chicken breast, coated in crispy, golden breadcrumbs, served with a choice of: spaghetti marinara or chunky chips

Classic Milanese 18.95

Parmigiana Milanese 19.95

STONE BAKED PIZZA

Margherita 12.5

Italian Hot 13.95

Pepperoni & Hot Honey 13.95

Goat’s Cheese & Rocket 13.95

Vegana 12.95

Homemade Meatballs 13.95

Serrano Ham & Mushroom 13.95

Chicken & Pepperoni 13.95

Upgrade Your Pizza: 3 1 0.5

DIPS

chilli hot honey | sweet chilli 1 1.5

FROM THE SEA

Grilled Fillet of Sea Bream 18.95

Classic Fish & Chips 18.95

Roasted Fillet of Salmon 19.95

Smoked Haddock Florentine Gratin 19.95

Deluxe Scampi Tails 17.95

Cacciucco Seafood Stew 21.95

PASTA

Rigatoni Arrabbiata 12.95

Spaghetti Carbonara 12.95

Mac & Cheese 13.95 3.95

Spaghetti Gamberetti 15.95

Bucatini with Homemade Meatballs 14.95

Seafood Linguini 17.95

Aglio e Olio 10.95

add garlic focaccia 6.95

CAWLEY CLASSICS

Lasagne Al Forno 15.95

Coconut Chilli Chicken 18.95

Chianti Braised Steak Pie 19.95

Chicken Souvlaki 18.95

Cajun or Coconut Chilli Chicken Crêpes 17.95

Chilli Con Carne & Sour Cream Crêpes 17.95

Sizzling Fajitas 18.95

Vegetable 15.95

Chicken 18.95

Prawn 19.95

Mixed 18.95

SIDES

Fries or Chunky Chips 4.95

Cajun Fries 5.95

Chilli & Parmesan Fries 5.95

Truffle & Parmesan Fries 5.95

Rocket, Sun Blushed Tomato & Parmesan Salad 4.95

Patatas Bravas 5.25

Dirty Fries 6.95 - bacon, green peppers, red onion, garlic sauce

Spaghetti Marinara 5.95

Food Allergies & Intolerances : Although your meal is prepared with care, due to handling of allergens in our kitchen, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. Meat & fish dishes may contain small bones.



= Vegetarian



= Vegan

WE HAVE A GLUTEN FREE MENU AVAILABLE ON REQUEST